



Before You Start

1. Stuffed Artichokes; with sautéed mushrooms, onions, garlic, and parsley, topped with mozzarella cheese.
2. Maryland Crab Cake; Crab meat with bread crumbs, scallions, parsley and mayonnaise mix served with soya sauce.
3. Chicken Enchiladas; Rolled tortilla bread stuffed with grilled chicken, red kidney beans, onions, jalapenos, and mixed cheese, topped with cheese and served with sour cream and pica de gallo sauce
4. Chicken Pops; Cubes of chicken breast coated with corn breading, served with ketchup and mustard.
5. Shaman Twice Baked Potatoes; Potato wedges topped with broccoli, cheese, sour cream and mustard, served with sour cream
6. Chicken Tenders; Seasoned deep-fried golden chicken tenders served with honey mustard sauce.
7. Buffalo Wings; Flaming hot chicken wings, Buffalo-Style, served with blue cheese sauce (available mild or extra hot)
8. Potato Skins; Potato wedges stuffed with your choice of bacon or beef bacon.
9. Mozzarella Sticks; Deep-fried mozzarella cheese served with marinara sauce
10. Fried Shrimp & Calamari; Deep-fried shrimp & calamari served with Thousand Island and Tartar sauce.
11. Buffalo Tenders; Spicy chicken tenders served with blue cheese sauce.
12. Fried Asparagus; Seasoned deep-fried asparagus served with soya sauce
13. Chicken Quesadillas; Fresh flour tortillas filled with grilled chicken, pica de gallo, sweet green peppers, red kidney beans, and mixed cheese, served with sour cream and pica de gallo sauce.
14. Spinach Quesadillas; Fresh flour tortillas filled with creamy parmesan cheese dip and spinach, served with sour cream.
15. Sha-chos; Homemade crispy corn tortilla chips, smothered with mixed cheese, green onions, pica de gallo, red kidney beans, and jalapenos, served with sour cream, guacamole and pico de gallo sauce
16. French Fries
Shaman homemade French fries
French fries with cheese
Poutine - Fries with cheese and gravy

SANDWICHES

All served with Shaman home made French fries and your choice of brown or white soft Shaman bread

17. Philly Cheese Steak Sandwich; Shredded grilled filet with mushrooms, sweet peppers, and onions, topped with mozzarella cheese
18. Shaman Carpaccio Sandwich; Tender beef Carpaccio on a bed of Rocca and parmesan cheese.
19. Smoked Salmon Sandwich; Smoked salmon on a bed of Rocca and cream cheese, topped with capers, green onions and lemon wedges.
20. Tuna Sandwich; Tuna with mayonnaise, sweet peppers, tomatoes, mustard, and black olives, with an option of cheese.
21. Club Sandwich; Thin slices of grilled chicken and beef with tomatoes, pickles, eggs, and cheese and an option of ham.
22. Chicken Caesar Sandwich; Grilled chicken breast slices with iceberg lettuce and Caesar dressing, topped with parmesan cheese.
23. St. Laurent Sandwich; Grilled zucchini, eggplant, sweet green peppers, and tomatoes, with a dash of ground sumac.
24. Crab Sandwich; Crab meat and lettuce with thousand island dressing.
25. Smoked Ham and Swiss Cheese Sandwich; Smoked ham and Swiss cheese on grilled toast
26. Veggie Sandwich; Fresh mushrooms, green peppers, onions, carrots, white cabbage, zucchini, and ginger with soya sauce and an option of cheese
27. Montreal Patty Sandwich; Juicy beef patty with cheese on toast smothered with the Chef's gravy
28. Italian Hoagy Sandwich; Smoked ham, and salami, with lettuce mayonnaise and mustard topped with Swiss cheese.

Build Your Own Juicy Burgers

29. Choice of Chicken patty 220gms

30. or Beef patty 220gms
Extras:
31. Sautéed Onions
32. Sautéed Mushrooms
33. Bacon
34. Bean sprouts.
35. Mozzarella cheese.
36. Cheddar cheese.
37. Cream cheese
38. Swiss cheese
39. Blue cheese.

Pastas

Create your own with a choice of pastas and sauces Pastas; Penne, Spaghetti, Fettuccini
Sauces

40. Funghi
41. Quattro Formaggi.
42. Blue cheese and broccoli
43. Rose
44. Arabbiata
45. Pesto
46. Rocca
47. Frutti di Mare
48. Ólio
49. Pomodoro
50. Shaman Nutty
51. Alfredo
52. Extra Chicken
53. Extra Shrimp

STEAKS

220gm Steaks Filet steak with your choice of sauces

54. Garlic sauce; Hot peppers, fresh mushrooms, garlic and olive oil
55. Black Pepper; Black pepper in demi-glace sauce.
56. Funghi; Fresh mushrooms with your choice of demi-glace or cream sauce.
57. Pistachio; Crushed pistachio and cream sauce.
58. Mustard; Mustard with cream sauce.
59. Walnut; Crushed walnut in demi-glace sauce.
60. Blue cheese; Blue cheese with cream sauce.
61. Parmesan; Creamy parmesan sauce.
62. Surf and Turf; Accompanied by jumbo shrimp with asparagus and both thousand island and pepper sauces.

CHICKEN

220gm Grilled Chicken Breast with your choice of sauces

63. Lemon Sauce; Buttery lemon sauce.
64. Provençal; Garlic, fresh mushrooms, and lemon.
65. Funghi; Fresh mushrooms with your choice of demi-glace or cream sauce.
66. B BQ; Barbecue sauce.
67. Pistachio sauce; Crushed pistachio with cream sauce.
68. Peanut Butter sauce; Creamed peanut butter.
69. Pesto sauce; Basil sauce and peanuts.
70. Supreme sauce; Sweet peppers, fresh mushrooms with mustard cream sauce.
71. Mozza; Marinara sauce topped with mozzarella cheese

SEAFOOD

Grilled filet of Salmon or Hamour with your choice of sauces

72. Grilled Filet Salmon.
73. Grilled Filet Hamour.
Butter lemon sauce - Provençal sauce - Saffron sauce - Dill sauce
74. Jumbo Shrimp; Choice of grilled or Provençal